





## **WATERROWER M1**

The WaterRower has been designed as a natural rowing simulator and is unrivalled in replicating not only the superb physiological dynamics of rowing, but much of the aesthetic pleasure as well, giving the calming feel of a boat gliding down the river. The WaterRower's patented WaterFlywheel utilises the same physical elements (water) and the same physical dynamics (fluid drag) as occur when a boat moves through water.





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## **SPECIFICATIONS**

Weight	69 kg
Dimensions	224 × 57 × 71 cm
Brand	WaterRower
Boxed Dimensions	Box 1: L 72.5 cm x W 62.5 cm x H 60 cm, Box 2: L 216 cm x W 6.5 cm x H 34 cm
Warranty	3 years: Parts and Labour, 5 Years: Frame Parts
Console	S4 Performance Monitor (Self-Powered)
Max User Weight	200kg
Frame Height	HiRise, LoRise
Accessories Included	Allen Key, Home Training DVD, Owners Manual, Syphon Pump, Water Purification Tablets
Resistance	Water provides resistance
Connectivity	Polar® telemetry
Entertainment	Bio Feedback, Ergometer, Games, Heart rate display, Skill-driven programs