





## WATERGRINDER

In sailing it is the grinder's task to transform wind into propulsion by hoisting the sails as quickly as possible. Grinders do the backbreaking work on board and are, unquestionably, high-performance athletes. Using maximum physical strength and stamina, grinders hoist the sails by cranking the winches. Sailors today do this by performing a classic rotating or grinding movement. NOHrD's WaterGrinder now provides you with the chance to pursue this sport at home, without having to deny yourself the element of water. Achieve the fitness of a racing grinder in the process!



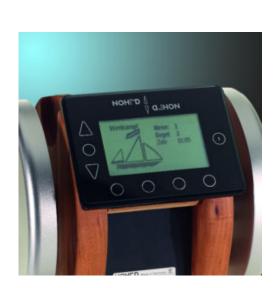


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## **SPECIFICATIONS**

Weight	49.9 kg
Dimensions	109.22 × 80.01 × 120.01 cm
Brand	WaterRower
Colour	Ash, Cherry, Club Sport, Walnut
Console	The G1 Performance Monitor
Entertainment	Ergometer, Virtual sailing game mode
Resistance	Water provides resistance





Max User Weight	150kg (330.69lbs)
Power Requirements	Self powered