



## WATERGRINDER

In sailing it is the grinder's task to transform wind into propulsion by hoisting the sails as quickly as possible. Grinders do the backbreaking work on board and are, unquestionably, high-performance athletes. Using maximum physical strength and stamina, grinders hoist the sails by cranking the winches. Sailors today do this by performing a classic rotating or grinding movement. NOHRD's WaterGrinder now provides you with the chance to pursue this sport at home, without having to deny yourself the element of water. Achieve the fitness of a racing grinder in the process!



## MORE VIEWS



## SPECIFICATIONS

<b>Weight</b>	49.9 kg
<b>Dimensions</b>	109.22 × 80.01 × 120.01 cm
<b>Brand</b>	WaterRower
<b>Colour</b>	Ash, Cherry, Club Sport, Walnut
<b>Console</b>	The G1 Performance Monitor
<b>Entertainment</b>	Ergometer, Virtual sailing game mode
<b>Resistance</b>	Water provides resistance



Max User Weight	150kg (330.69lbs)
Power Requirements	Self powered