



## POLAR VANTAGE M

### ADVANCED RUNNING & MULTISPORT WATCH WITH GPS AND WRIST-BASED HEART RATE

Challenge your limits with Polar Vantage M, an all-round multisport & running GPS watch for anyone who loves setting new records. This slim and lightweight training companion provides you with all the data you need to improve your performance.



## MORE VIEWS



## SPECIFICATIONS

<b>Weight</b>	0.045 kg
<b>Dimensions</b>	4.6 × 4.6 × 12.5 cm
<b>Colour</b>	Black, Red, White
<b>Display</b>	Always on colour display. Size 1.2", resolution 240 x 240.
<b>Battery</b>	230 mAh Li-pol battery. Battery life up to 30 h in training mode (GPS and wrist-based heart rate).
<b>GPS</b>	Integrated GPS & GLONASS. Assisted GPS for fast fix times.
<b>Connectivity</b>	Bluetooth Low Energy. Custom USB cable for charging and data synchronisation.
<b>Wristbands</b>	Sizing: S: wrist circumference 130-175 mm M/L: wrist circumference 140-210 mm
<b>UI languages</b>	English, German, French, Italian, Dutch, Norwegian, Spanish, Portuguese, Swedish, Finnish, Danish, Polish, Russian, Turkish, Indonesian, Czech
<b>Water resistance</b>	Water-Resistant (WR30)