



NAUTILUS INSTINCT DUAL LAT PULLDOWN/VERTICAL ROW

Easy to use and saving space, the Nautilus Instinct Dual Lat Pulldown/Vertical Row is an excellent addition to any fitness area, offering two workouts on one machine. Designed to blend seamlessly alongside other equipment from the Instinct range.



SPECIFICATIONS

Weight	215 kg
Dimensions	127 × 119 × 213 cm
Weight Stack	107kg