



NAUTILUS INSTINCT DUAL ABDOMINAL/LOWER BACK

Part of the Instinct Strength range, the Nautilus Instinct Dual Abdominal/Lower Back is built for all fitness abilities. With easy to use functions and also easy on space, this machine is great for residential and commercial facilities.



SPECIFICATIONS

Weight	168 kg
Dimensions	114 × 102 × 140 cm
Weight Stack	54kg