



MATRIX E3 ELLIPTICAL

The Matrix E3 Elliptical is easy to use with quick start workout programs to maximise the potential of each use. The Constant Rate of Acceleration and patented suspension design delivers a perpetually smooth motion free of wheels and tracks. The ergo form grips with integrated incline and resistance controls enhances the comfort and accessibility to key functions and the LED console is easily navigated by users of all experience levels.



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SPECIFICATIONS

Weight	182.2 kg
Dimensions	178 × 74 × 174 cm
Console	X – LED, XE – Touchscreen, XE VA – Touchscreen + Virtual Active
Max User Weight	182kg (400lbs)
Resistance	1-25 Levels, Brushless generator
Power Requirements	100-240 VAC 50/60 Hz, Self powered
Stride Length	53.3cm (21")
Pedal Spacing	6.4cm (2.5")
Step up height	24cm