





LIFE FITNESS RS1 LIFECYCLE RECUMBENT BIKE

The RS1 Recumbent Step-Through Lifecycle Exercise Bike takes advantage of the research and innovation that makes Lifecycle bikes No. 1 in health clubs worldwide. It features an open, step-through design for easy entry and exit. The RS1 bike provides a comfortable and relaxed, but effective, home exercise option.





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SPECIFICATIONS

Weight	60.4 kg
Dimensions	168.9 × 64.8 × 130.8 cm
Console	Go Console, Track Connect Console
Resistance	20 Levels
Warranty	1 year: Labour, 3 years: Electrical Components, 3 years: Mechanical Components
Power Requirements	All major voltage configurations
Max User Weight	137 kg (300lb)
Accessories Included	Water bottle holder
Connectivity	GO Console – None, Polar® telemetry, Track Connect Console – Android™, iPhone®, iPad®, iPod®, USB, WiFi
Entertainment	Bio Feedback, Compatible music port for iPod® / MP3, Heart rate display, Internet, Track Connect – compatible apps
Colour	Titanium