



LIFE FITNESS E5 ELLIPTICAL CROSS-TRAINER

The Life Fitness E5 Elliptical Cross-Trainer has all the qualities of the [E3 model](#), but with an adjustable stride, providing even further variety to your home workout!



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SPECIFICATIONS

Weight	114 kg
Dimensions	214 × 87 × 168 cm
Console	Go Console, Track Connect Console
Colour	Titanium
Power Requirements	All major voltage configurations
Step up height	26cm
Max User Weight	182kg (400lbs)



Connectivity	Apple®/Android™ Connection, Bluetooth, Polar® telemetry, USB, WiFi
Entertainment	Apple Watch compatible, Apps, Bio Feedback, Heart rate display, Skill-driven programs
Stride Length	46-61cm (18-24")
Resistance	20 Levels
Step Up Height	10 in (26 cm)
Compatible Devices	Compatible with popular fitness apps Apple®/Android™ Connection
UK Warranty	Parts Electrical & Mechanical – 3 Years Motor – 10 Years Labour – 3 years Frame – 10 Years Cosmetic Items – 3 Months