



INSPIRE FITNESS FT1 FUNCTIONAL TRAINER

The [Inspire Fitness](#) FT1 Functional Trainer offers users complete freedom of movement in any direction while they perform weight-resistance exercises, the Inspire FT1 functional trainer is ideal for athletes interested in sport-specific exercise movements or casual users looking to strengthen their overall bodies and lose weight. The FT1 which is built around a high/low pulley system that adjusts to more than 30 height positions includes a variety of bar and handle accessories to help you work your biceps, back, chest, triceps, shoulders, abs, legs, and more. The FT1 also offers a dual weight stack that allows you to work each side of the body independently.

Please note, the FT1 is currently available for preorder only with expected delivery for late September.





MORE VIEWS



SPECIFICATIONS

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| Weight | 246 kg |
| Dimensions | 117.5 × 135 × 203.75 cm |
| Accessories Included | 2 x 5lb Add-on Weights & Instructional Flip Chart, 2 x Single Handles, Ankle Cuff, Easy Curl Bar, FTI Package also includes: Bench, Abdominal Bar & 2 x 50lb Weight Stack Upgrade, Rotating Accessory Holder includes: Multi-Functional Belt, Straight Bar, Swing Handle, Tricep Rope |



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| Warranty | Home: Lifetime Frame & Parts, 2 year Cable, 90 day Upholstery, 1 year Labour, Light Commercial: 10 year Frame, 1 year Parts & Cable, 90 Day Upholstery |
| Max User Weight | 150kg (330.69lbs) |
| With Adjustable Bench | No – FTI, Yes – FTI Package |
| Weight Stack | FTI – x2 73kg / 160lb, FTI Package – FTI with 50lb Weight Stack Upgrade. |
| Package | FTI, FTI Package |