



INSPIRE FITNESS FID BENCH

The [Inspire Fitness](#) FID (Flat, Incline, Decline) adjustable weight and dumbbell bench is a commercial duty bench that can be used at multiple angles ensuring the correct body position on each exercise.



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SPECIFICATIONS

Weight	28 kg
Dimensions	150 × 61 × 119 cm
Max User Weight	454kg (1000lb)
Warranty	Home: Lifetime Frame & Parts and 90 Day Upholstery, Light Commercial: 10 Years Frame & 1 Year Parts and 90 Day Upholstery
Boxed Dimensions	L141cm x W45cm x H23cm Weight: 32kg